Purpose

This Symposium provides enhanced knowledge in sports medicine to Physical Therapists, PT Assistants, Occupational Therapists, OT Assistants, Athletic Trainers, Strength and Conditioning Specialists and other Allied Health Professionals. The program features a multidisciplinary faculty of experts in the field of sports medicine.

Faculty

Timothy Kremchek, MD
Sports Medicine Orthopaedic Surgeon, Beacon Orthopedics; Medical Director and Chief Orthopaedic Surgeon, Cincinnati Reds; Chief Orthopaedic Surgeon, Wittenburg University; Team Physician, Xavier University and numerous High Schools; Subspecialty Certificate in Orthopaedic Sports Medicine

Mark Zunkiewicz, MD
UVMC Center for Sports Medicine; Orthopaedic Surgery & Sports Medicine, Upper Valley Orthopaedics; Fellowship trained in Orthopaedic Sports Medicine & Arthroscopy

Jeff Uhlenhake, SCCC
Assistant Strength and Conditioning Coach, Ohio State University; 10 Year NFL Football Player, Dolphins, Saints, and Redskins; Football Coach, University of Cincinnati; Head Football Coach and Athletic Director, Lehman High School

Jamie Rodman PT, DPT, SCS, MTC
Clinical Specialist in Sports Medicine, Miami Valley Hospital Sports Medicine Center; Adjunct Faculty-Orthopedics, University of Dayton; Board Certified Sports Medicine Specialist; Certified Manual Therapist; Physical Therapist for numerous NFL and WNBA players.

Jeff Rayborn, MD
UVMC Center for Sports Medicine; Primary Care Sports Medicine, Montgomery Orthopaedic Surgeons Inc.; Board Certified in Sports Medicine and Family Practice; Team Physician, Tippecanoe High School

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Center For Sports Medicine
450 N. Hyatt St., Suite 102
Tipp City, Ohio 45371

Upper Valley Medical Center
Premier Health Partners

RETURN SERVICE REQUESTED

UVMC Center for Sports Medicine

5th Annual Sports Medicine Symposium

Upper Extremity Management at the Professional, Collegiate and High School Level

Friday, February 1, 2013
8 a.m. to 4 p.m.
Edison Community College
Piqua, Ohio

Upper Valley Medical Center
Premier Health Partners

Program Agenda

7:15 to 7:50 a.m.	**Registration and light breakfast**
7:50 to 8 a.m.	**Opening Remarks**
8 to 9 a.m.	**Sports Medicine in 2013/UCL Injuries and Treatments** *Timothy Kremchek, MD*
9 to 9:45 a.m.	**SLAP and Labral Tears of the Shoulder** *Mark Zunkiewicz, MD*
9:45 to 10 a.m.	**Break**
10 to 10:30 a.m.	**Dynamic Warm-up/Prehab Routine the Buckeye Way-Lecture** *Jeff Uhlenhake, SCCC*
10:30 to 11:30 a.m.	**Dynamic Warm-up/Prehab Routine the Buckeye Way-Lab** *Jeff Uhlenhake, SCCC*
11:30 a.m. to 12:30 p.m.	**Lunch (on your own)**
12:30 to 1:45 p.m.	**A Biomechanical & Manual Therapy Perspective of the Athlete's Upper Quarter: Examination, Treatment, and Prevention of Common Injuries-lecture** *Jamie Rodman, PT, DPT, SCS, MTC*
1:45 to 2 p.m.	**Break**
2 to 3 p.m.	**A Biomechanical & Manual Therapy Perspective of the Athlete's Upper Quarter: Examination, Treatment, and Prevention of Common Injuries-lab** *Jamie Rodman, PT, DPT, SCS, MTC*
3 to 4 p.m.	**Return to Play Decision Making for the Injured Athlete** *Jeff Rayborn, MD*

Continuing Education Credit

6.5 Contact Hours pending by the Ohio Physical Therapy Association for PTs and PTAs

6.5 Contact Hours pending by the Ohio Occupational Therapy Association for OTs and COTAs

6.5 Contact Hours approved by the BOC for ATCs

6.5 Contact Hours pending by the Ohio Athletic Training Association for ATCs

6.5 Contact Hours pending by the NSCA for Certified Strength and Conditioning Specialists

Late Registration/Refunds

Late registration after Jan. 18 and on-site registration will be allowed if space permits.

Refunds for cancellation minus $25 administrative fee available until Friday, Jan. 25.

Location

Edison Community College/Theater Room 40
1973 Edison Dr., Piqua, Ohio 45356

Directions

Edison Community College is located near I-75 approximately 30 miles north of Dayton. Take I-75 Exit 72 in Piqua. Travel east on US 36 and turn left on Looney Road. Travel 1/4 mile north and turn right to enter the Edison campus. Veer left at the first crossway and proceed to Lot 3 on the right near North Hall. Enter the North Hall entrance and follow signs to Theater Room 40.

Registration Form

Name _____

Home Address _____

City, State, Zip _____

Daytime Phone _____

Organization _____

Profession _____

Email _____
(Email used only to inform you of upcoming events.)

Registration/Payment Deadline: Friday, Jan. 18

Fee: $100 for professionals; $30 for students;
$50 for PHP employees

Make check payable to Upper Valley Medical Center.

Please return registration form and payment to:
UVMC Center for Sports Medicine
Attn: Angie Strong, PT
450 N. Hyatt St., Suite 102
Tipp City, Ohio 45371

For further information, call **(937) 440-7368**
or email **astrong@uvmc.com**.

(This document may be copied.)

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