

Knowing your cholesterol and blood pressure numbers can save your life.

Find out your important numbers **FREE!**

Heart Month Testing

Friday, Feb. 12

9 a.m. - 4 p.m.

Upper Valley Medical Center
Lower Level Classrooms

**No appointment needed. No fasting.
Open to the community.**

We'll offer a free fingerstick screening* for total cholesterol, HDL (good cholesterol) and blood sugar, as well as blood pressure testing.

UVMC programs and Cardiology offices also will provide health testing and/or helpful information at this event. Register for **Door Prize Drawings!**

Heart Month tests also will be offered **Tuesday, Feb. 9, from 9 a.m. to 1 p.m., at SpringMeade Retirement Community, 4375 S. County Rd. 25A, Tipp City.**

Hosted by UVMC in conjunction with Premier Community Health.



Upper Valley Medical Center

Premier Health Partners

3130 N. County Rd. 25A, Troy, Ohio 45373 • UVMC.com

**This is a screening only and not meant to take the place of your doctor's monitoring of your health.*